

## How to Telehealth - Parent

- Before your appointment.
  - Determine the device you will utilize for the TeleTherapy session. Appropriate devices for TeleTherapy are:
    - Laptop
    - iPad / Tablet
    - Desktop computer with camera/microphone.
    - Phone.
  - If you are using an iPad, tablet or phone, download the “Google Hangouts Meet” app by Google.



- Before your appointment, you will receive an email with a link to the TeleTherapy session.
- At the time of your appointment, go to your email and open the TeleTherapy appointment email.
  - Click on the Join Hangouts Meet link inside the telehealth appointment email.

**You have been invited to the following event.**

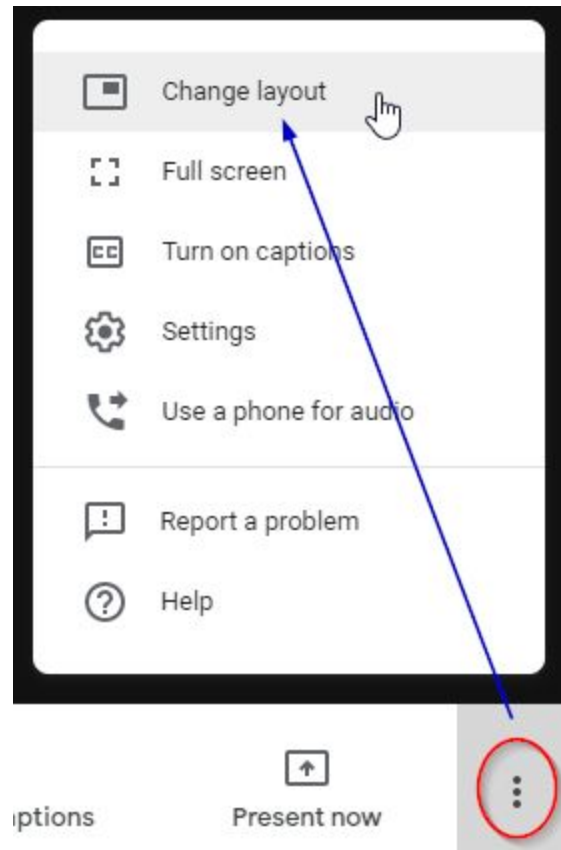
### Telehealth

When Sat Mar 14, 2020 12:30pm – 1pm Central Time - Chicago

Joining info Join Hangouts Meet

[meet.google.com/esc-buqz-kzj](https://meet.google.com/esc-buqz-kzj)

- If accessing Google Meet from a web browser:
  - One you have joined, you will want to change your screen layout so that you can see both the therapist's screen (if they are sharing) and their camera.
  - Click on the 3 vertical dots in the lower right corner and choose "Change layout".



- Choose the "Tiled" option.

